



# Newsletter

Topsy Turvy International School

The British School of Bangkok., Ltd.

Welcome back everyone! We hope you all had a fantastic summer holiday and are settling back into school life. We have had a very busy start to the year in Year 5, not only writing the newsletter but performing in the first class assembly! If you didn't catch the live show, here is a summary.



**WEAR JEANS  
CHANGE LIVES.**  
FRI 22 SEPT

*Our assembly was all about 'Jeans for Genes', a charity that raises money for children with genetic disorders. We explained what genes are and gave examples. Genes decide how you look and feel. For example, your eye colour and height usually comes from your parents. A genetic disorder is when there is a problem with your genes. This can affect your 5 senses, how you move and also your appearance. We spoke in class about how you should treat people the same even if they have a genetic disorder. – Aadi, Aayush Y5*

*We compared genes with Lego. If a piece of Lego is missing (or is the wrong shape/size) from a construction, it will look different, just like our genes. –Henry Y5*

*"I feel very happy now that the assembly is finished because I was nervous. I am proud of myself and my group." –Team Y5*

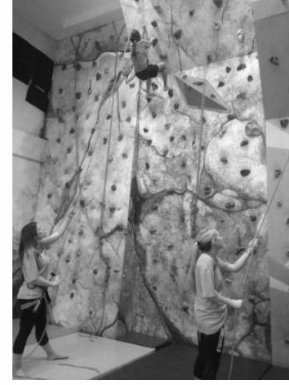
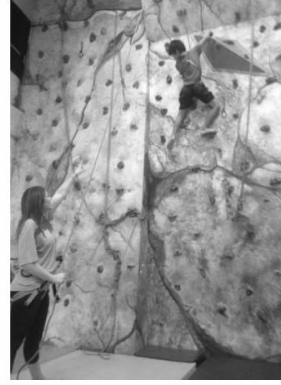
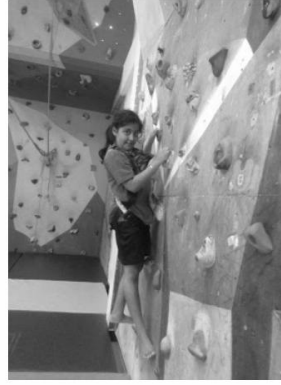
*"I loved the assembly and the song." – Raihan Y5*



*In Year 5 we have watched videos about some very brave children with genetic disorders. We talked about how life can be challenging for them and what we can do to make a difference. On 'Jeans for Genes Day' (Friday 22<sup>nd</sup> September) we are going to raise money for the charity by paying 50baht to wear jeans to school for the day. We will also enter a competition designing and decorating some jeans where the winner from each Key Stage will get 20 Dojo points!*

*If you would like more information on this charity, you can visit this website to find out more: [www.jeansforgenesday.org](http://www.jeansforgenesday.org)*

## Climbing Is As Close to Flying As We Can Get!!!



It's been a great start to this year's Climbing Club! We have been enjoying getting to grips with the health and safety regulations, learning new bouldering games and challenging ourselves with tricky ascents.

The children have begun to understand the benefits of mapping their route, keeping their bodies close to the wall and resting when they have a comfortable and secure grip. Each lesson begins with a student led warm up, an interactive bouldering game and a recap of the previous week's achievements. There has been many to celebrate! Some of our favourite bouldering games so far have been 'Stuck on the Wall', 'Musical Climb' and 'Climbing Basketball'. These have really tested our wrist strength and ability to move quickly around the climbing facilities. The children take responsibility for fitting their own harnesses and supporting their peers with gentle encouragement and support throughout their individual climbs.

Each week the children are assigned to a specific wall of increasing difficulty, this may be due to the incline of the wall or the spacing of the hand and foot holds. As the children climb they are given helpful tips about the best route to take, their skill level and confidence at great heights, by both the teaching staff and their peers. Would you believe, sometimes the scariest part is actually coming down? There are a selection of walls that require the children to abseil down, where as others entail fully letting go and relying on the ropes when lowered down by the teaching staff.



**When asking some of the children about Climbing Club, they said:**

*"I feel very excited about learning something new." Jieun Year 3*

*"I have liked meeting lots of new friends."*

*"I really like that you can boulder whilst someone is climbing."*

*"There are a lot of challenges to conquer so it's fun." Aayush Year 5*

